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Summer Reading Lists Aren't Just for Kids! Our Top Book Picks to Finish 2024 Strong

This time of year, I can't help but think about those reading lists synonymous with childhood summer breaks. Doesn't it seem counterproductive to stop handing those out to adults? Reading keeps our brains sharp and opens our minds to processes or solutions to common problems we wouldn't have otherwise thought of. If you want to finish 2024 strong, add these picks to your reading list ASAP.

Leadership

- "Leaders Eat Last: Why Some Teams Pull Together, and Others Don't" by Simon Sinek
 - Simon Sinek emphasizes that prioritizing a team's well-being is paramount for excellent dynamics.
 - **Read this if you want to** be a leader who inspires, serves, and cares for the team that works for them rather than focusing solely on numbers.
- "Trillion Dollar Coach: The Leadership Playbook of Silicon Valley's Bill Campbell" by Eric Schmidt, Jonathan Rosenberg, and Alan Eagle
 - Having mentored crucial leaders at top-tech giants like Apple and Google, Bill Campbell's advice helped create over a trillion dollars in market value. It's a fascinating read that sheds light on Coach Bill's legacy and codifies the wisdom of such a prolific businessman.
 - **Read this if you want to** learn how to manage your team effectively.

Mindset

- "Blink: The Power of Thinking Without Thinking" by Malcolm Gladwell
 - Author Malcolm Gladwell dissects the notion that our greatest minds don't spend hours deliberating but make choices in the blink of an eye. Full of anecdotal evidence and scientific explanations, this book will give you a glimpse into how the human mind works.
- **Read this if you want to** stop overanalyzing and learn to trust your gut.
- "Clear Thinking: Turning Ordinary Moments Into Extraordinary Results" by Shane Parrish
 - In keeping with the title, this book is written in clear, straightforward language. It provides engaging stories and advice on streamlining one's thought processes through self-awareness.
 - **Read this if you want to** hone your decision-making and problem-solving skills.

Productivity

- "Eat That Frog! 21 Great Ways to Stop Procrastinating and Get More Done in Less Time" by Brian Tracy
 - Procrastination, your days are numbered. This book is (thankfully) a quick read, provides many tools for breaking this productivity-killing habit, and asks, when presented with the task of eating a plate of frogs, which amphibian do you choose first?
 - *Read this if you want to* be more productive but have a bad habit of procrastinating.
- "Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones" by James Clear
 - Whatever your goals are, James Clear shares the science behind how people form habits and strategies and use this information to improve routines — and stick to it with actionable advice that makes getting started a breeze.
 - *Read this if you want to* hack your brain and build better habits.

Operations

- "Creativity, Inc.: Overcoming the Unseen Forces That Stand in the Way of True Inspiration" by Amy Wallace and Edwin Catmull
 - Author Edwin Catmull changed animation forever when he co-founded Pixar, and this book is a must-read for injecting creativity into all businesses.
 - · Read this if you want to foster a culture of creativity in your organization.
- "The Hard Thing About Hard Things: Building a Business When There Are No Easy Answers" by Ben Horowitz
 - Every leadership professional has to do hard things from making a wrong decision that leads to massive layoffs to dealing with challenging personalities and beyond. This book provides valuable insight into tackling the not-so-often-talked-about troubles of running a business.
 - **Read this if you want to** gain insight into the challenges of running a business in a dynamic and competitive environment.
- "Your Next Five Moves: Master the Art of Business Strategy" by Patrick Bet-David
 - This practical guide to achieving your business goals helps you break down even the most nebulous dreams into achievable plans. You'll

learn how to clarify your wants, strategize appropriately, and develop growth tactics for both good times and bad.

Read this if you want to become a master planner.

- Scott Snellings



Brand Mascots That Stand the Test of Time

Brand mascots can make a surprisingly deep cultural impression. Some, such as GEICO's famous talking gecko, have become almost universally recognizable. Others, such as the M&M spokescandies, evoke a backlash that banishes them to oblivion. Those with warmth and personality tend to last because they spark pleasant emotions, according to a survey of 1,630 people by Crestline Promotions.

The most enduring brand mascots, such as the iconic Betty Crocker, manage to evolve with the cultural zeitgeist. The mythical homemaker was invented in 1921 by the predecessor company to General Mills. In the Flapper Era, she became a radio personality, then evolved into a World War II-era heroine creating recipes for homemakers beset by food rationing. From the 1950s through the 1990s, she morphed from a friendly, curly-coiffed homemaker to a stylish Jackie Kennedy lookalike and then to an increasingly confident career woman. The 2022 publication of the 13th edition of Betty Crocker's famous cookbook attests to her astonishing longevity.

Another enduring mascot, the Quaker Oats Man, originated in 1877. His pleasant visage, which leaves nothing to dislike, is one reason he has served as the Quaker brand image for over a century. Most people say the Quaker Man was adopted because of the denomination's values of integrity, honesty, purity, and strength. Today, he endures as a slimmed-down version of his former portly self, with a more genial smile.

Other mascots have been sidelined after colliding head-on with cultural trends. Ronald McDonald debuted in national TV ads in 1965, and Generation X grew up with him. By 2016, however, Ronald was under fire for persuading small children to eat unhealthy food. After reports of creepy clown sightings further darkened his image, McDonald's benched him. Today, Ronald is mainly confined to promoting Ronald McDonald House Charities, the nonprofit that provides housing for families with seriously ill children.

Other once-popular mascots have ended up on the ash heap. Aunt Jemima, the figure who adorned millions of boxes of pancake mix, was abandoned as a caricature from the era of slavery. The same fate befell Uncle Ben of Uncle Ben's Rice. The company tried to salvage Uncle Ben by promoting him to chairman of the board, but they eventually deemed his image beyond repair.

America's Wackiest Traffic Laws STEER CLEAR OF THESE ODDITIES ON YOUR NEXT ROAD TRIP

As you buckle up and hit the road across the U.S., you might want to brush up on more than just your driving skills — some local traffic laws are as quirky as the attractions dotting the country. From the bizarre to the downright hilarious, cruise through four of the weirdest traffic laws that could have you scratching your head or chuckling all the way to your next stop.



California's Speedy Ghost Cars

Head to California, where no vehicle without a driver may exceed 60 mph. Yes, even those futuristic self-driving cars have to obey the speed limits. It's an interesting precaution against our potential AI driver's need for speed and flipping into joyride mode.

Denver's Color Coordinated Sundays

In Denver, Colorado, black cars are banned on Sundays. The origin of this law is murky, but it adds an extra layer of consideration for your Sunday drive. You'd better pick a different color for a leisurely weekend cruise.

Oklahoma's Driving Distractions

Put down the comic books if you're driving through Oklahoma. It's illegal to read them while driving, which sounds reasonable enough considering the focus required to operate a vehicle safely. Save Spider-Man and Superman for later, and keep your eyes on the road!

Drunk Driving ... by Association?

Strangely enough, in Texas, any driver who is within arm's reach of alcohol while driving is breaking the law, and this includes a passenger's bloodstream! So, Texas drivers must think twice before offering their tipsy buddies a ride home. As for Virginia, drunk passengers can also receive a DUI if they're riding with an intoxicated driver! So, always call an Uber if you and your buddy have had a drink or two.

Whether born from safety concerns or legislative sessions that got wildly out of hand, these rules add a dose of humor to road-tripping across the U.S. Remember these oddities as you navigate the highways and byways — they're not just funny anecdotes but actual laws that could impact your journey!

TAKE A **BREAK**





LIME CHICKEN WITH CORN AND POBLANO SALAD

Inspired by PureWow.com

Ingredients

Chicken

- 3 tbsp olive oil
- 1 cup all-purpose flour
- 1 1/2 tsp garlic powder
- 1/2 tsp cayenne pepper
- 1 1/2 tsp salt
- 3/4 tsp black pepper
- Zest of 1 lime
- 8 chicken thighs

Corn and poblano salad

- 2 tbsp olive oil
- 2 poblano peppers, diced
- 2 garlic cloves, minced
- 114-oz can of corn
- 4 scallions, minced
- Juice of 2 limes
- 1/3 cup chopped cilantro
 - Salt and pepper

Directions

- 1. Preheat oven to 400 F.
- 2. In a large oven-proof skillet, heat olive oil over medium heat.
- In a bowl, whisk flour, spices, and lime zest. Dredge chicken in the mix to coat.
- 4. Add chicken, skin-side down, to skillet, then place skillet in the oven for 30–35 minutes.
- 5. In a medium skillet, heat olive oil and add poblanos. Sauté 4–5 minutes. Add garlic and sauté for another minute.
- 6. In a bowl, add poblano mix, corn, scallions, lime juice, and cilantro, toss and serve with the chicken.

The Pitfalls of Providing Solutions

How to Help Our Children Solve Problems Independently

Our children will encounter countless challenges and complex problems throughout their lives. As parents, we want nothing more than to put them on the right track and help them find solutions, but we

might not always take the best approach. Often, we try to give them the answers to the problems they're facing to provide support. While this helps them overcome the obstacle, it could also stunt the development of their problem-solving skills.

Let's say your toddler is working on a puzzle. They keep placing pieces in the wrong spot and grow

frustrated when nothing fits properly. You may want to offer a helping hand and direct them to the pieces they need, but this isn't going to help them in the long run. Any time they encounter a problem, they'll look to others for a solution. Instead, encourage and support them by saying something like, "Those puzzles can be hard, but you'll get the hang of it." That encouragement will help them push through the challenge until they figure out the solution independently.

You can use this same tactic throughout your children's lives. When they're learning to read and experience difficulty pronouncing words, encourage them to sound them out instead of telling them directly how to pronounce them. When teenagers struggle with a friendship, don't offer solutions that may have worked for you in the past; simply confirm their feelings and tell them you've had similar experiences.

By supporting your kids' efforts and affirming their feelings, you're empowering them to problem-solve and overcome any obstacles in their path. It's not easy watching your children struggle with problems, but they must work out solutions independently or else they will likely struggle to form solutions well into adulthood.

The next time your child comes to you with a problem, or you notice them struggling on their own, try to offer support instead of a solution. It can go a long way toward their personal growth!

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214-387-0387 SnellingsInjuryLaw.com 5750 Genesis Court, Suite 205 Frisco, TX 75034

INSIDE THIS ISSUE

-

Snellings Law's 2024 Summer Reading List

Brand Mascots in the Shifting Sands of Culture

Bizarre Traffic Laws You Won't Believe Exist!

3

Lime Chicken With Corn and Poblano Salad

Why Kids Need Support, Not Solutions

4 Legal Showdowns Highlight Power of a Performer's Name

The War of the Jelly Rolls

BAND BATTLES IN COURT

Country singer and rapper Jelly Roll has risen to fame in recent years, winning Best New Artist honors at the 2023 Grammy Awards. But Jelly Roll has run into some unlikely opposition on the way to the top from Jellyroll.

You read that right. A Pennsylvania band called Jellyroll is suing Jelly Roll over charges



that the famous entertainer violated the band's trademark. The band Jellyroll claims in court papers to have performed at various celebrations and charitable events for more than 40 years, including an appearance at the White House during the presidency of George W. Bush. Jellyroll claims to have begun using the name in the 1980s, before Jelly Roll, whose birth name is Jason Bradley DeFord, was even born. Jelly Roll says his mother gave him his stage name as a young child.

Now that Jelly Roll has risen to fame, members of Jellyroll say they must work much harder to be discovered for performance opportunities. According to court papers, Jelly Roll surfaces 18–20 times in internet search rankings before any user even sees a first mention of the Pennsylvania dance band.

Other famous bands have clashed in trademark disputes. Original members of The

Beach Boys sued each other over the use of their iconic band's name after they split up, although they eventually settled the dispute. Members of the rock band Van Halen sued one member's ex-wife, who had taken and kept her ex-husband's surname, for using the band's name for her interior design company. (The ex-wife eventually prevailed.) In another case, The Stone Temple Pilots and their former lead singer sued and countersued each other over alleged misappropriation of the band's trademarked name.

In the battle of the jelly rolls, Jellyroll is seeking to force Jelly Roll to change his name. Meanwhile, Jelly Roll has gone on a concert tour and is no doubt soaring even further past Jellyroll in web searches. Mandy Kay Schendel, a Seattle area influencer and public relations specialist, described the situation on TikTok as the most unique trademark battle she has seen. "This lawsuit is honestly very dramatic," she says, "and I love it."