



Behind the Scenes

Meet Erin, Our Astounding Marketing Assistant

There's a front side and a back side to everything in life. When you go out to eat, you meet and interact with your host or hostess, who seats you, and your waiter or waitress, but behind the scenes, an entire team of individuals works hard to make the magic happen to deliver a great experience. When you head to the doctor or dentist, the same is true. You work with the front desk, nurses, assistants, and doctors, but another team works to keep everything streamlined and organized for your visit.

Here at Snellings Law, we work diligently in the front and back to take care of our clients — we want everyone to feel at home, safe, secure, valued, and cared for. Most importantly, we want everyone to know they are *heard*. This all starts with ensuring we can reach everyone who needs help.

That's where our marketing team comes in! They are heroes behind the scenes who make sure our community knows to whom they can turn in their greatest time of need, and our marketing assistant, Erin Mobley, is an incredible asset and an integral part of that team. While she's only been with Snellings Law for six months, it feels like she's been with our Snellings family for years — she fits right in and is willing to jump in and help with anything and everything. Because of Erin, our firm is a brighter place.

Erin graduated from Baylor University with her bachelor's in professional writing and rhetoric. From there, she worked as a

community manager for a coworking space in Denison, Texas, then worked for a glass installation company in her hometown. Knowing she didn't want to be in the glass industry for her entire career, a contact at her former job connected her with Amy, our head of marketing at Snellings Law, and the rest is history.

Before coming to Snellings Law, Erin had an extensive background in newsletters, podcasts, and email marketing, and she's certainly grown in the field since. With Erin's assistance, we successfully reach out to those who need our services to ensure everyone sees the light at the end of the tunnel in their personal injury cases.

"I love my coworkers, and their energy is infectious," Erin tells us. "But my absolute favorite aspect of my job is having the opportunity to use my education and experience to help bring people through our doors who have been hurt or may be going through horrible and confusing times. Being able to help others is exciting, fulfilling, and extremely rewarding."

Erin plays a significant role in spearheading our referral sources, marketing plans and campaigns, and social media reach. She is a talented writer and does most of the content writing for our team as well as assisting with organizing and planning for our podcast, "The Driven Crowd." Check it out online at TheDrivenCrowd.com.

Outside of work, Erin is an avid reader — you can often find her cuddled up on the couch with a cup of coffee, lost in a book. She enjoys spending time with her friends and family, and especially in the warmer months, she has a passion for having a nice meal outdoors on a patio. She loves heading out to the pool or lake to take a dip when the sun is shining.

Erin, we are so fortunate and blessed to have you as a member of our Snellings Law team and family! Thank you for your positivity, skill, prowess, and passion for the firm and our clients!

- Scott Snellings

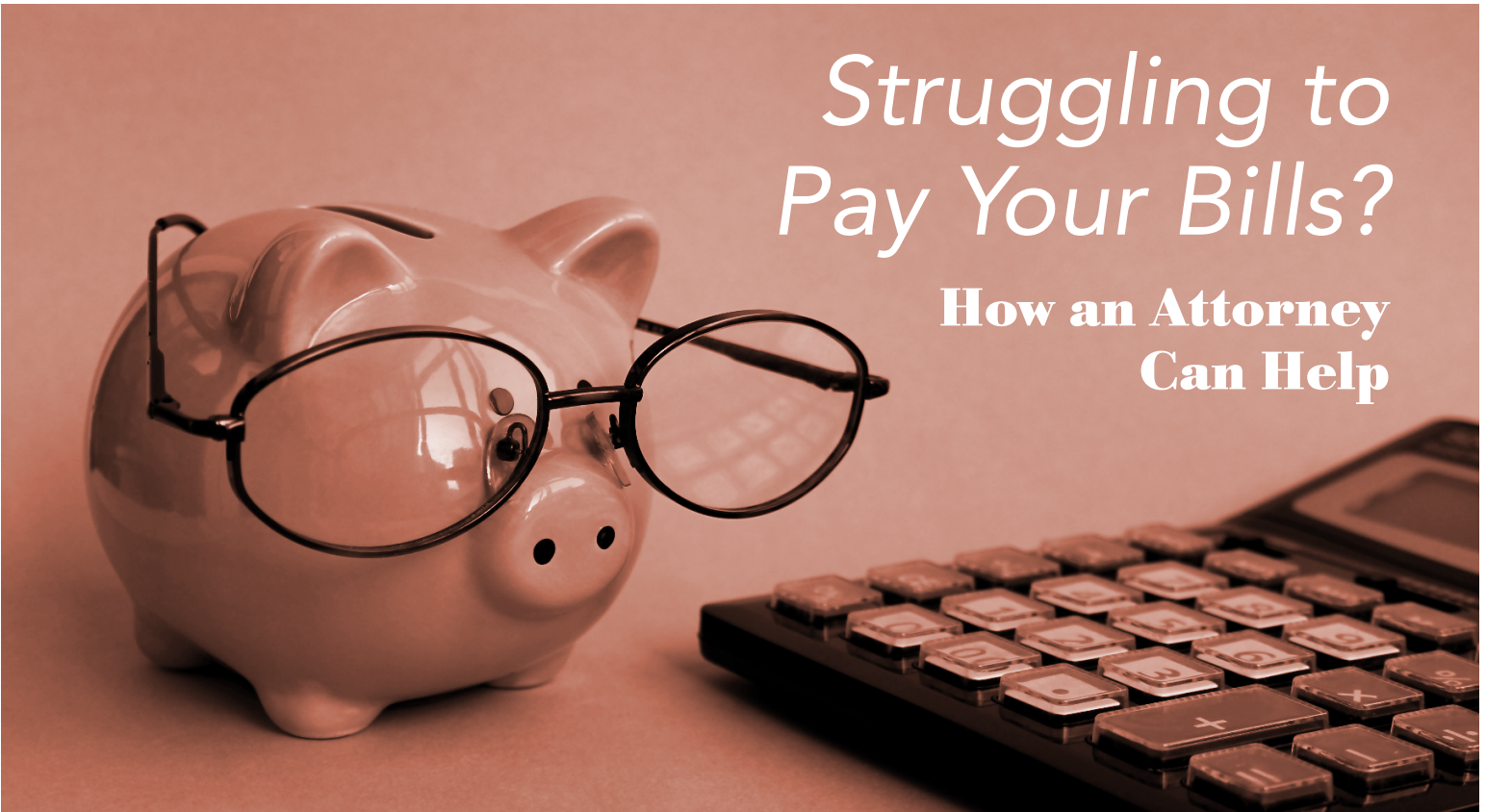


Driven To Help



Struggling to Pay Your Bills?

How an Attorney Can Help



Paying your bills on time isn't always an easy task. If you're going through financial difficulties, it can sometimes be impossible to pay your bills on time. Yet, there are still some ways to minimize the damage that can occur when you can't pay your debts.

When your bills pile up, you should always contact your creditors to learn if you can receive any extensions on payment deadlines. Being proactive is critical when managing debt. However, if they are unwilling to offer you leniency, you may face a creditor lawsuit; if that occurs, you should contact a debt settlement lawyer.

What does a debt settlement attorney do?

A debt settlement attorney can reach out to creditors and negotiate a way to reduce your debt or lower your payments. Finances can be confusing, but there are plenty of protocols and strategies out there — most of us just aren't aware of them. Debt settlement lawyers are experts in consumer rights and know precisely what lenders can and cannot do.

While debt settlement attorneys can assist you in various ways concerning your debt, they will often review your financial status, income, and conflicts in order to negotiate effectively with your creditors. However, hiring a debt settlement lawyer does not guarantee your debt will be reduced; it will give you a greater chance of doing so.

What types of debt can they settle?

You may not know about the multiple kinds of debt and their particular characteristics. These lawyers primarily work on unsecured debt, which is any debt that doesn't require collateral. Some examples of unsecured debt include:

- Car loans
- Student loans
- Medical bills
- Credit card bills
- Personal loans

While debt settlement lawyers often work to reduce these debts, they can also provide legal assistance on other issues such as car repossession, wage garnishment, debt collection lawsuits, debt collector harassment, and more. If you're struggling because of debt, they'll most likely be able to help.

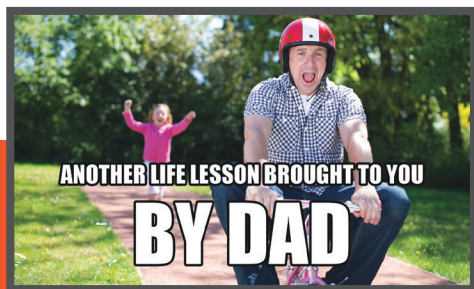
Is it expensive to hire an attorney?

There's no simple price tag for hiring a debt settlement lawyer. Plenty of factors influence legal costs. For example, how much debt you have affects a lawyer's total charge. Also, how many creditors require negotiation and how much you save in your settlement affect your cost. Additionally, if you need to file for bankruptcy eventually, it involves another set of charges to engage that process.

You should contact a debt settlement attorney if you're struggling to keep up with your bills and know you can't pay them on time. Whether mapping out a payment plan or negotiating with creditors, these attorneys will work to ease your financial stress. Many of these lawyers offer free consultations so you can better understand your situation. If they can help you reduce your debts, they will be a great asset.



TAKE A **BREAK**



GOAT CHEESE AND THYME STUFFED CHICKEN

Ingredients

Inspired by BBCGoodFood.com

- 2 skinless, boneless chicken breasts
- 3.5 oz firm goat cheese
- 1 tsp fresh thyme leaves, plus 2-3 sprigs
- 4 pieces of thin-sliced bacon
- Olive oil
- 2 zucchinis, thinly sliced
- 1 large tomato, thinly sliced

Directions

1. Preheat oven to 375 F.
2. Split the chicken breasts almost in half along the long side, open them like a book, then flatten the sides out.
3. Put the goat cheese on the "open book" side of the chicken and sprinkle with thyme leaves. Fold the chicken over to enclose the cheese, then wrap each breast in 2 slices of bacon.
4. Lightly oil a shallow gratin or casserole dish, then arrange overlapping rows of zucchini and tomatoes on the bottom. Drizzle with olive oil, sprinkle with salt and pepper, then set chicken on top. Place thyme sprigs on chicken.
5. Bake for 40-45 minutes until the bacon is crisp and golden and the zucchini is tender.

PUPPY POWER IS SCIENTIFICALLY PROVEN

How Do Cute Images Affect Your Mind?



"Kawaii" is the Japanese word for "cute," which apparently alters our brains more than we thought! During The Power of Kawaii study, Hiroshima University researched the effects of viewing images of cute animals, and what they discovered was shocking.

Researchers found that these adorable animals can help us improve our concentration, especially on detail-oriented tasks. Participants who viewed images of puppies and kittens could accomplish tasks with greater care and attention than those shown other pictures. How did they measure concentration, and why cute animals?

What method was used in the initial experiment?

In the first experiment, researchers split a group of 48 participants and had each person play a surgery game similar to "Operation." Using tiny tweezers, the participants had to grasp small objects without touching the edges. Afterward, one group observed images of puppies and kittens, and the other viewed photos of adult dogs and cats. After viewing the pictures, both groups played the game again.

The result? The first group had a significant improvement when playing the game. They approached the game more deliberately and at a slower pace to carefully remove the objects without touching the edges. Meanwhile, the second group showed no difference in their performance.

Why do these cute images affect us?

After more experiments with increased difficulty, the researchers concluded that the sweet animals made a noticeable impact on our brains. Participants showed higher levels of focus, concentration, and carefulness both mentally and behaviorally.

The reasoning may be that seeing baby animals triggers our nurturing side and, in turn, makes us more careful and alert. We sense something needing protection, care, and focus. At a subconscious level, you likely will become more cautious in how you think and behave after looking at pictures of baby animals.

So, the next time you need to do something tedious or detail-oriented, prep yourself with a cute puppies and kittens slideshow to ensure you get the job done right!

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A PECULIAR ROMAN REQUIREMENT:

Walk Your Furry Friend or Get Fined

If you live in Rome and feel too lazy to walk your dog, you better think twice before breaking the law. Wait, the law?

Yes! In 2005, the city of Rome passed a law requiring every dog owner to walk their furry friend *at least once a day* if they wanted to avoid a fine.

This was one of the multiple laws protecting the safety and well-being of Roman animals. The city had been dealing

with ongoing problems due to dogs being cooped up in small apartments or abandoned in the streets.

Monica Cirinna, who created the law, explained, "It's good to do whatever we can for our animals who, in exchange for a little love, fill our existence with their attention." She also told the Roman newspaper *Il Messaggero* that "the civilization of a city can also be measured by this."

How authorities in Rome can enforce this law is still unclear, but the city also passed other less-ambiguous animal welfare laws. Aside from the mandatory daily dog walk, docking an animal's ears or tails and selling animals at fairgrounds are also illegal acts.

While Rome may seem dog-biased, cat people will be happy to learn the Italian city didn't forget felines. They passed another law to make declawing a cat for aesthetic

reasons illegal. Additionally, the city will recognize those feeding and caring for the countless stray cats roaming the stone-paved streets. And last but not least, round fishbowls are also illegal, as the circular shape forces the fish to swim in circles, which is disorienting and can affect the fish's mood and behavior.

But Rome isn't the only city in Italy with animal-friendly laws. In Turin, for example, dog owners are required to walk their pets *at least three times a day* or face a fine of \$650. Meanwhile, in Reggio Emilia, it is illegal to boil live lobsters. The city officials considered this cooking method "useless torture."

Even though Italy is known for stunning landscapes and delicious cuisine, it can also take credit for holding pet owners accountable and ensuring they take proper care of their animal companions.

